

**FOX LAKE ASSOCIATION  
51st ANNUAL FOX LAKE**

**Theme  
Medieval Times**

**REGATTA Saturday, August 3, 2024** (Rain date: Sunday,

August 4)

**Morning Events:**

1. **Horseshoes:** 2 person teams, Blanchard's, 504 East Fox Lake  
Registration 9:15 a.m. / Competition 9:30 -11:30 a.m.
2. **Beach Volleyball :** 2 person teams, Alix Yule's Beach, 422 East Fox Lake Road  
Registration 9:15 a.m. / Competition 9:30-11:30 a.m.

**Afternoon Events: 1:30 - 4:00 p.m.**

Watson's Beach, 550 /536 East Fox Lake Road- Boat Parking- David White Beach, 536 Beach

1. **Sand Castle Building** (continues all afternoon – judging at end of day)
2. **Judging of Medieval Attire teams** (kings, queens, knights, princes and princesses)

**3. Swimming Races**

- Bugs Bunny Race - 4 years old and under
- 5-7 years old (girls & boys)
- 8-10 years old (girls & boys)
- 11-13 years old (girls & boys)
- 14-16 years old (girls & boys)
- Island Swim - Women and Men (no life jackets on swimmers / no young children)

**3. Noodle Relay** (teams of 4)

- Kids – 12 years old and under
- Youth/Adults – (must be able to swim 15 metres without a life jacket in a crowd)

**4. Kayak Races**

- Kids – 10 years old and under
- Youth – 11 to 16 years old
- Open

**5. Stand Up Paddle Board Races**

- Kids – 10 years old and under
- Youth – 11 to 16 years old
- Open

**6. Kids Bucket Race** - 7 years old and under

**7. Canoe Races**

- Mother & Son
- Father & Daughter
- Women's Doubles
- Men's Doubles
- 12 years old and under (2 or 3 paddlers per canoe)
- Crab Race (no paddles)
- In & Out War Canoe (at least 4 paddlers per canoe)

**8. Sand Castle Judging**

**9. Tug-of-War**

- Girls vs. Boys (16 years old and under)
- East vs West/North

**Reminders:**

- *Please no glass containers or bottles on the beach*
- F L A membership for 2020 (\$40) may be paid to Cindy Taylor at Regatta*